



**Loreto Schools Australia  
Examen for World Environment Day – 5 June 2018**

**THANKS**

**Creator God,  
we are all a part of your body.  
We give you praise and thanks for the marvels and scope of your creation.**

**We give thanks for ...**

- \*a God who blesses us with beauty in the natural and built environment
- \*the wisdom of our indigenous peoples who continue to teach us about the interconnectedness of all creation
- \*the beauty of our school environment
- \*the many effort already undertaken in our school to promote an integral ecology and environmental sustainability
- \*those who care for, create and maintain our school's environment
- \*energy sources that give us light, heat and power for our many devices

*Students could bring a photo of their favorite part of the school's natural environment to share with the class.*

*Conduct this reflective exercise in a beautiful part of the school, eg your indigenous garden, under a significant tree ...*

**ASKING**

**God who hears our every prayer,  
Help us to appreciate your creation and inspire in us a desire to cherish and nurture all the delights and gifts of your creation.**

## **We ask for ...**

- \*the hearts and minds to make wise choices about our purchases
- \*the desire to use your gifts of power and energy thoughtfully and sparingly
- \*the courage to live sustainably, discerning what is enough

## **REVIEW**

**With your help, generous God, help me/us to review with openness and honesty how I/we have used the resources of your creation over the past day or week:**

... power for work, study and leisure ... heat ... food ... clothing ... transport ...

## **REGRET**

**With your help, merciful and forgiving God,  
we are mindful of missed opportunities to affirm and appreciate your creation. We are  
sorry for any way/s in which we have failed to build a sustainable kingdom here on  
earth.**

## **We regret ...**

- \*the times we have left rooms with lights, heaters and air conditioners on
- \*the times we have thrown away items instead of recycling them
- \*the times we have littered our school environment
- \*the times we have bowed to consumer or peer pressure to make purchases

## **COMMIT**

**With your help, patient and loving God,  
we pray for the inspiration, imagination and insight  
to make small changes in our personal lives and our experience at school  
so that all creation might thrive and survive.**

## **We commit to ...**

*Personal, class or group offerings are reflected upon, journaled about, shared and/or  
advertised in a creative way to the wider community.*

*Sincere gratitude to the creators of the previous Loreto **Energy Examen** for inspiration.*